

Manual Handling (6 Hours/ 1 Day)

RQF Level 2 Award England, Northern Ireland & Wales

Qualification Title: FAA Level 2 Award in Manual Handling – Principles and Practice – Code 600/7624/0

Unit 1 Title: Manual Handling Safety at Work– Unit Code D/602/4593

Credit: 2

SCQF Level 5 Award Scotland

Qualification Title: Award in Manual Handling - Principles and Practice at SCQF Level 5 – Code R306 04

Unit 1 Title: Manual Handling Safety at Work – Unit Code UC27 04

DESCRIPTION

We are all exposed at times to some form of manual handling such as lifting, carrying, pulling and pushing actions that can be compounded by simultaneous movements such as climbing or pivoting. Over one million working days are lost per year as a result of personal injuries sustained through incorrect manual handling in the workplace, as well as the pain and suffering experienced by the casualties. Correct manual handling techniques can make a huge difference.

The risks arising from manual handling have been recognised by the Health and Safety Executive for many years, as evidenced in their regulations and advisory activities promoting good practice.

The Regulations require employers to provide their employees with health and safety information and training – this can be supplemented, as necessary, with more specific information and training on manual handling injury risks and prevention.

This course provides an ideal approach to safer and more effective manual handling for those that carry out manual handling in the workplace – not only meeting HSE Recommendations; but also promoting good and safe practices in any situation.

DURATION

A minimum 6 contact hours in the classroom (one-day course).

ASSESSMENT

The qualification is assessed through practical demonstration of efficient and safe manual handling and a written assessment paper. Learners must successfully pass both parts of the assessment to achieve the qualification.

There is no grading of the assessment; learners pass or are referred.

CERTIFICATION

The participant will be awarded a Level 2 Qualification subject to successful completion of the course. The qualification does not have an expiry date but refresher training and keeping up to date with changes to policies, procedures and new legislation through ongoing CPD is vital.

NUMBERS

A maximum of 16 students can be accommodated; all learners must be a minimum of 14 years of age.

ENTRY REQUIREMENTS

It is recommended that learners should hold a minimum of Level 1 in literacy or equivalent to undertake this qualification. There are physical demands within the manual handling assessment and learners will need to demonstrate the safe moving and handling of loads.

It may be possible to allocate a reasonable adjustment to a learner who has a disability, medical condition or learning need; learners are invited to speak to a member of the Tineke Training Ltd team prior to the course. They can also approach the Instructor on the day of the course to disclose anything they feel needs to be made aware of. All disclosures of information is treated discreetly, respectfully and confidentially.

SYLLABUS

A range of subjects are covered including:

- Understand the Reasons for Safe Manual Handling
- Understand How Manual Handling Risk Assessments Contribute to Improving Health and Safety
- Understand the Principles, Types of Equipment and Testing Requirements Associated with Manual Handling Safety
- Be Able to Apply Safe Manual Handling Principles

LEARNING OUTCOMES

Learning Outcome	Assessment Criteria
1. Understand the reasons for safe manual handling	1.1 Outline the potential injuries and ill health associated with incorrect manual handling 1.2 Outline employers and employees duties relating to manual handling at work 1.3 Outline the consequences for non-compliance with health and safety requirements at work
2. Understand how manual handling risk assessments contribute to improving health and safety	2.1 Explain the terms ‘hazard’ and ‘risk’ in the context of manual handling work 2.2 Outline the process for carrying out a manual handling risk assessment 2.3 Describe the principle of the risk control hierarchy when applied to manual handling
3. Understand the principles, types of equipment and testing requirements associated with manual handling safety	3.1 Describe safe movement principles associated with manual handling 3.2 Outline the types of equipment designed to be used for manual handling tasks 3.3 Outline the requirements for the testing, servicing and examination of manual handling and lifting equipment
4. Be able to apply safe manual handling principles	4.1 Demonstrate efficient and safe manual handling principles when: (a) applying effort to, or moving a load or object manually on their own (b) when using manual handling aids and equipment (c) when undertaking a manual handling task as part of a team

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